



(www.usfirst.org)

Gracious Professionalism

A FIRST Value

Gracious Professionalism is based on the Six Pillars of Character

Trustworthiness	Respect	Responsibility	Fairness	Caring	Citizenship
<p>Be loyal; stand by your team, family, friends and country</p> <p>Don't deceive, cheat or steal</p> <p>Be reliable; do what you say you'll do</p> <p>Have the courage to do the right thing</p> <p>Build a good reputation</p> <p>Be honest</p>	<p>Treat others with respect; follow the golden rule</p> <p>Be tolerant of differences</p> <p>Use good manners, not bad language</p> <p>Be considerate of the feelings of others</p> <p>Don't threaten, hit or hurt anyone</p> <p>Deal peacefully with anger, insults and disagreements</p>	<p>Think before you act; consider the consequences</p> <p>Persevere: keep on trying!</p> <p>Be accountable for your choices</p> <p>Use self control; Be self-disciplined</p> <p>Always do your best</p> <p>Do what you are supposed to do</p>	<p>Don't take advantage of others</p> <p>Take turns and share</p> <p>Be open-minded; listen to others</p> <p>Don't blame others carelessly</p> <p>Protect the environment</p> <p>Play by the rules</p>	<p>Be compassionate; show you care</p> <p>Help people in need</p> <p>Forgive others</p> <p>Express gratitude</p> <p>Be kind</p>	<p>Help make your team, school and community better</p> <p>Obey laws and rules; respect authority</p> <p>Be a good neighbor</p> <p>Stay informed; vote</p> <p>Cooperate</p>

Presented by

Beach Cities Robotics (<http://www.bcrobotics.org>), Team 294. Six Pillars of Character from the CHARACTER COUNTS! Coalition, 1993: <http://www.charactercounts.org/defsix.htm>

Beach Cities Robotics

FIRST Team 294
Redondo Union High School
Mira Costa High School



"The FIRST principle of gracious professionalism was everywhere as teams circulated throughout the pits, advising, borrowing, lending, assisting, commiserating, cheering, and most importantly, learning from each other. Learning how to work together, compete hard, win or lose gracefully, and to come back again and again no matter what."

Leo T. Meire, Richmond Virginia

"To be effective, we must practice informed creative thinking. To feel good about our lives, we must also practice gracious professionalism. Ideal innovators practice both. Are we?"

Woodie Flowers, FIRST

"One of my proudest moments came when my students helped another team from Washington, D.C." said David Buddenbohn, Engineering Technology Instructor at the Dr. James A. Forrest Career and Technology Center. He explained that the team's lead instructor had gotten in a car accident, causing the team to arrive late for the competition. Unable to get their robot working, Tech Center students and mentors pitched in to help. After getting their robot up and running, the D.C. team went on to win a match. "That meant more to me than anything else," Buddenbohn said. "That truly is gracious professionalism."